

SISTERS OF SWEETWATER

February 2016

S.O.S. Ministry

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Women's Prayer Brunch

"I PRAY BECAUSE THE NEED FLOWS OUT OF ME ALL THE TIME,
WAKING AND SLEEPING. IT DOESN'T CHANGE GOD, IT CHANGES ME."

~ C. S. LEWIS

"She is clothed
with strength and
dignity and
laughs without
fear of the future."
Proverbs 31:25

We had a wonderful visit from author and speaker Harriet Michael. Mrs. Michael is the daughter of Dr. Keith and Mrs. Alice Edwards. She spoke with us about the topic of her upcoming book *Prayer: It's Not About You*. Through her special message we learned several truths about prayer.

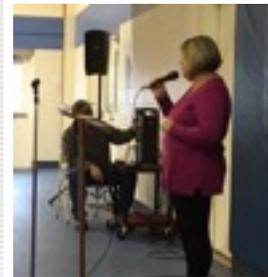
- 1) We can talk directly to God the Father.
Psalm 145:18 - The Lord is near to all them that call on Him, to all that call on Him in truth.
- 2) God is worthy of praise filled prayers and thanksgiving. Praising God is a behavior we can choose no matter how we feel. *Psalm 69:30 - Then I will praise God's name with singing and I will honor Him with thanksgiving.*
- 3) Through prayers we confess our sin and recognize our personal unworthiness. We need to humble ourselves before the Lord. *James 4:10 - Humble yourselves before the Lord, and He will lift you up in honor.*
- 4) We can petition God based on His character - God's steadfast love is mentioned over 100 times in the Psalms, more than any of His other character traits. *Psalm 136 - His love endures forever.*
- 5) We can petition God based on His promises. *Psalm 119:154 - protect my life as You promised.*



Mrs. Alice Edwards and her daughters Harriet and Marianne



Snowy weather didn't stop the Sisters of Sweetwater



Alyson Abbott performed

Jesus replied, "You must love
the Lord your God with all
your heart, all your soul, and
all your mind." Matthew 22:37

Continued on the back

Ladies' Sunday School



"Always be joyful. Never stop praying. Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus."

1 Thessalonians 5:16-18

- 6) We can petition God based on His power to answer prayers. *Job 37:5 - we can't even imagine the greatness of His power.*
- 7) We can petition God based on His sovereign will. We need to get on God's page and stop trying to get Him on ours. *Philippians 4:6 - Don't worry about anything; instead, pray about everything. Tell God what you need, and thank Him for all He has done.*
- 8) We can petition God based on His glory and for the glory of His name. *Psalms 109:21 - Rescue me because You are so faithful and good.*
- 9) We should recognize what He has done in our lives. *Psalms 78: 4 - We will not hide these truths from our children...about the glorious deeds of the Lord, about His power and His mighty wonders.*
- 10) We can pour our hearts out to Him. *Lamentations 2:19 - pour out your hearts like water to the Lord.*

This was truly a wonderful ladies' conference! Thank you to Dr. Keith and Mrs. Alice Edwards, Pastor Paul for making all of the arrangements, Bill Little and Spencer Preston for sound assistance, Alyson Abbott for performing at our brunch, and for each lady that donated time, money, food, or effort into making this event possible.



Peaches N' Cream French Toast

- * 1 cup packed brown sugar
- * 2 tablespoons corn syrup
- * 1, 8 ounce cream cheese, cubed
- * 1 1/2 cups half and half
- * 1 loaf day old French bread, cubed or sliced
- * 1/2 cup butter, cubed
- * 1, 29 oz. can sliced peaches, drained
- * 12 eggs
- * 1 teaspoon vanilla

In saucepan combine brown sugar, butter and syrup. Cook and stir until sugar is dissolved. Pour into greased 13X9 inch pan. Arrange peaches over sugar mixture. Place bread over peaches. Dot with cream cheese.

Place eggs, cream and vanilla in bowl. Whisk well until smooth. Pour over top. Cover and refrigerate overnight. Remove from fridge 30 minutes before baking. Bake, uncovered, 350 degrees for 50-60 minutes

Baked Oatmeal

- * 3 cups quick cooking oats
- * 2 teaspoons baking powder
- * 1 teaspoon cinnamon
- * 1 cup milk
- * 1 cup packed brown sugar
- * 1 teaspoon salt
- * 2 eggs
- * 1 stick melted butter

Preheat oven 350 degrees. Combine oats, sugar, baking powder, salt and cinnamon. Whisk eggs, milk and butter and stir into oat mixture. Bake in greased 9 inch pan for 40-45 minutes. Serve warm with milk.

